

Walsall Gala Swimming and Fitness Centre

Brine pool timetable 18th September

Monday

8am to 9am	Aqua-therapy – assessment required
9am to 11am	Adults only
12pm to 1:30pm	Toddler splash
11am to 7:30pm	Public swim
7:30pm to 8:30pm	Disability swim

Tuesday

7:30am to 9am	Public swim
9am to 10am	Adults only
10am to 11am	Aquacise – booking advised
11:15am to 12.30pm	Disability swim
1pm to 2pm	Aqua-therapy – assessment required
2pm to 3pm	Toddler splash
2pm to 6:30pm	Public swim
6:30pm to 7:30pm	Aquacise, booking advised

Wednesday

9am to 1pm	Public swim
1pm to 2pm	Aqua-therapy – assessment required
2pm to 4pm	Adults only
4pm to 5:30pm	Ladies and under 13s
5:30pm to 7:30pm	Public swim
7:30pm to 8:30pm	Aqua-therapy – assessment required

Thursday

7:30am to 9am	Public swim
9am to 11am	Adults only
12pm to 1:30pm	Public swim
12pm to 1:30pm	Toddler splash
1:30pm to 2:30pm	Aqua-therapy – assessment required
2:30pm to 7:30pm	Public swim
7:30pm to 8:30pm	Aquafit – booking advised



Friday

9am to 10am	Aqua-therapy – assessment required
10am to 12pm	Public swim
12pm to 1:30pm	Adults only
1:30pm to 2:30pm	Aqua-therapy – assessment required
2:30pm to 3:30pm	Toddler splash
2:30pm to 7:30pm	Public swim
7:30pm to 8:30pm	Adults only

Saturday

7:30am to 12:30pm	Public swim
12:30pm to 3pm	Family swim
3pm to 4pm	Disability swim

Sunday

7:30am to 3pm	Public swim
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Main Pool timetable

Monday

7am to 8:30am	Public swim and lane swim – 2 lanes
10:30am to 6:30pm	Lane swim – 2 lanes
11:45am to 1:15pm	Public swim
6pm to 6:30pm	Diving

Tuesday

7:30am to 7:30pm	Lane swim – 2 lanes
11:45am to 1:15pm	Public swim
4pm to 7:30pm	Public swim
6pm to 6:30pm	Diving

Wednesday

7am to 8:30am	Public swim
7am to 6pm	Lane swim – 2 lanes
11:45am to 1:15pm	Public swim
4pm to 6pm	Public swim

Thursday

7:30am to 7pm	Lane swim – 2 lanes
4pm to 6pm	Public swim



Friday

7am to 8:30am	Public swim
7am to 6pm	Lane swim – 2 lanes
4pm to 5pm	Public swim

Saturday

7:30am to 9am	Lane swim – 3 lanes
12:30pm to 1:30pm	Public swim and Lane swim – 2 lanes

Sunday

7:30am to 12pm	Public swim and lane swim – 2 lanes
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Teaching pool timetable

Monday

7am to 8:30am	Public swim
11:45am to 1:15pm	Public swim

Tuesday

11:45am to 2:30pm	Public swim
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Wednesday

7am to 8:30am	Public swim
11:45am to 1:15pm	Public swim
4pm to 6pm	Public swim

Thursday

11:45am to 2:30pm	Public swim
4pm to 6pm	Public swim

Friday

7am to 8:30am	Public swim
11:45am to 1:15pm	Public swim

Saturday

12:30pm to 1:30pm	Public swim
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Sunday

7:30am to 12pm

Public swim

To book Aquafit please [book here](#)

To complete an Aqua-therapy assessment form [click here](#)

Walsall Leisure Child Admission Policy

- All children under the age of 8 must be accompanied by a responsible adult of 16 or over at all times.
- In public swimming sessions, in all teaching pools 1 adult may accompany 3 children aged 4 to 7 or 2 children aged under 4.
- In all other pools 1 adult may accompany 2 children aged 4 to 7 or 1 child aged under 4
- Management may use their discretion to amend these ratios.

