



Walsall Leisure



Walsall Council

Leisure Services from Walsall Council



Swimming Programme

Oak Park Active Living Centre

Term
Time

from 8 January
2024

www.walsall.gov.uk/leisure

Swimming Programme

Main Pool



	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00
Monday	Lane 1	Early Morning Swimming 7.00am – 9.00am		Public Swimming 9.00am – 1.30pm <small>*2nd Monday of every month. Pool closed 10.30am – 12.30pm for staff training</small>											Schools 1.30pm – 3.00pm		Public Swimming 3.00pm – 4.00pm		Adult Lane Swim 4.00pm – 6.00pm		Public Swimming 6.00pm – 8.00pm		Aquafit 8pm – 9pm <small>*Booking advised</small>		Adult Swim 9pm-10pm						
	Lane 2														Early Lane Swimming 7.00am – 9.00am		Lane Swimming 9.00am – 1.30pm <small>*2nd Monday of every month. Pool closed 10.30am – 12.30pm for staff training</small>		Adult Lane Swimming 1.30pm – 3.00pm								Lane Swim 3pm – 4pm		Swimming Lessons 4.00pm – 6.00pm		Lessons Lane Swimming 6.00pm – 8.00pm
Tuesday	Lane 1	Early Morning Swimming 7.00am – 9.00am		Schools 9.00am – 10.30am		Public Swimming 10.30am – 11.30am		Aquafit 11.30am – 12.30pm <small>*Booking advised</small>		Public Swimming 12.30pm – 1.30pm		Schools 1.30pm – 3.00pm		50+ Swim 3.00pm – 4.00pm		Adult Lane Swim 4.00pm – 6.00pm		Swimming Lessons 4.00pm – 6.00pm		Public Swimming 6.00pm – 8.00pm		Walsall Swimming Club 8.00pm – 9.30pm		Adult Lane Swimming 8.00pm – 10.00pm							
	Lane 2			Early Lane Swimming 7.00am – 9.00am		Lane Swimming 9.00am – 11.30am		Lane Swimming 12.30pm – 1.30pm		Lane Swim 1.30pm – 3pm <small>*Lane swim closed 1st Tuesday of the month for staff training</small>		50+ Lanes 3pm – 4pm		Lane Swimming 6.00pm – 8.00pm																	
Wednesday	Lane 1	Early Morning Swimming 7.00am – 9.00am		Schools 9.00am-10.00am		Public Swimming 10.00am – 1.30pm						Schools 1.30pm – 3.00pm		Public Swimming 3.00pm – 4.00pm		Adult Lane Swim 4.00pm – 6.00pm		Swimming Lessons 4.00pm – 6.00pm		Public Swimming 6.00pm – 8.30pm		Lichfield Swimming Club 8.30pm – 10.00pm									
	Lane 2			Early Lane Swimming 7.00am – 9.00am		Lane Swimming 9.00am – 1.30pm		Adult Lessons 10.30am – 12.00pm		Adult Lane Swimming 1.30pm – 3.00pm		Lane Swim 3pm – 4pm		Lane Swimming 6.00pm – 7.30pm		Lifesaving 7.30pm-8.30pm								Adult Lane Swim 8.30pm – 10.00pm							
Thursday	Lane 1	Early Morning Swimming 7.00am – 9.00am		Public Swimming 9.00am – 1.30pm						Schools 1.30pm – 3.00pm		50+ Swim 3.00pm – 4.00pm		Adult Lane Swim 4.00pm – 6.00pm		Swimming Lessons 4.00pm – 6.00pm		Public Swimming 6.00pm – 7.30pm		Burntwood Swimming Club 7.30pm – 9.00pm		Adult Lane Swimming 9.00pm – 10.00pm									
	Lane 2			Early Lane Swimming 7.00am – 9.00am		Lane Swimming 9.00am – 1.30pm		Adult Lane Swimming 1.30pm – 3.00pm		50+ Lanes 3pm – 4pm		Lane Swim 6pm-7.30pm <small>Lessons</small>																			
Friday	Lane 1	Early Morning Swimming 7.00am – 9.00am		Public Swimming 9.00am – 11.30am		Aquafit 11.30am – 12.30pm <small>*Booking advised</small>		Public Swimming 12.30pm – 1.30pm		Schools 1.30pm – 3.00pm		Public Swimming 3.00pm – 4.00pm		Adult Lane Swim 4.00pm – 6.00pm		Swimming Lessons 4.00pm – 6.00pm		Public Swimming 6.00pm – 7.30pm		Walsall Swimming Club 7.30pm – 9.00pm		Adult Lane Swimming 9.00pm – 10.00pm									
	Lane 2			Early Lane Swimming 7.00am – 9.00am		Lane Swimming 9.00am – 11.30am		Lane Swim 12.30pm – 1.30pm		Adult Lane Swimming 1.30pm – 3.00pm		Lane Swim 3pm – 4pm		Lessons Adult Lesson																	
Saturday	Lane 1	Early Morning Swimming 8.00am-9.00am		Public Swimming 9.00am – 1.15pm						Inflatable Fun Session 1.45pm – 2.45pm <small>*Booking advised</small>		Inflatable Fun Session 3.00pm – 4.00pm <small>*Booking advised</small>		Party Hire 4.15pm – 5.00pm		Swimming Gala Bookings 6.00pm – 9.00pm															
	Lane 2			Lane Swim 8.00am-9.00am		Swimming Lessons 9.00am – 11.30am		Lane Swimming 11.30am – 1.15pm																							
Sunday	Lane 1	Early Morning Swimming 8.00am – 9.00am		Public Swimming 9.00am – 5.00pm											Walsall Swimming Club 5.00pm – 8.00pm																
	Lane 2			Lane Swim		Swimming Lessons 8.00am – 10.30am		Lane Swimming 9.00am – 5.00pm																							

Walsall Leisure Child Admission Policy

- All Children under the age of 8 must be accompanied by a responsible adult of 16 or over at all times.
- In Public swimming sessions; In all teaching pools 1 adult may accompany 3 children aged 4 to 7 or 2 children aged under 4.
- In all other pools 1 adult may accompany 2 children aged 4 to 7 or 1 child aged under 4 – Management may use their discretion to amend these ratios.

Swimming Programme Teaching Pool

	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30
Monday			Toddler Splash (0.6m) 9.00am – 10.30am			Public Swim 10.30am – 12.30pm <small>*2nd Monday of every month. Pool closed 10.30am – 12.30pm for staff training</small>				*Aqua-therapy 12.30 – 1.30pm			Schools 1.30pm – 3.00pm				Swimming Lessons 3.30pm – 6.30pm						Public Swimming 6.30pm – 8.00pm			*AquaFit 8.00pm – 9.00pm		
Tuesday			Schools 9.00am – 10.30am			Parent & Toddler 10.30am – 11.30am			*AquaFit 11.30am – 12.30pm			Public Swimming 12.30pm – 1.30pm			Schools 1.30pm – 3.00pm				Swimming Lessons 3.30pm – 6.00pm				Floats Fun Swim 6.00pm – 8.00pm			*Aqua-therapy 8.00pm – 9.00pm		
Wednesday			*Aqua-therapy 8.00am – 9.00am			Schools	Swim lessons 9.30am – 10.30am			Adult Lesson 10.30am – 11.15am	Adult Lesson 11.15am – 12.00pm		Public Swimming 12.00pm – 1.30pm			Schools 1.30pm – 3.00pm				Swimming Lessons 3.30pm – 6.00pm			Public Swimming 6.00pm – 7.30pm			Lifesaving 7.30pm – 8.30pm		
Thursday			Splash & Play 9.00am – 10.00am			Schools 10.00am – 12.00pm				Public Swimming 12.00pm – 1.30pm			Schools 1.30pm – 3.00pm				Swimming Lessons 3.30pm – 6.30pm				Floats Fun Swim 6.30pm – 7.30pm			Burntwood Swimming Club 7.30-9pm				
Friday			Swimming Lessons 9.00am – 11.00am			Schools		*AquaFit 11.30am – 12.30pm			Public Swimming 12.30pm – 1.30pm			Schools 1.30pm – 3.00pm				Swimming Lessons 3.30pm – 6.30pm				Public Swimming 6.30pm – 7.30pm			Adult Lessons 7.30pm – 8.30pm			
Saturday			Swimming Lessons 8.00am – 12.00pm								*Family Swim 12.00pm – 1.00pm		*Family Swim 1.00pm – 2.00pm		*Floats Fun Swim 2.00pm – 3.00pm		*Family Swim 3.00pm – 4.00pm				Party Hire 4.15pm – 5.00pm							
Sunday			Swimming Lessons 8.00am – 10.00am			*Family Swim 10.00am – 11.00am			*Floats Fun Swim 11.15am – 12.15pm			*Family Swim 12.30pm – 1.30pm		*Floats Fun Swim 1.45pm – 2.45pm		*Family Swim 3.00pm – 4.00pm				Walsall Swimming Club 5.00pm – 7.30pm								

*Aqua-therapy- Suitable self assessment required

*Booking advised

Contact our teams who will be happy to advise and help with your enquiry.

Oak Park Active Living Centre

Coppice Road, Walsall Wood Walsall WS9 9BH

Tel: 01922 652266 www.walsall.gov.uk/leisure

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Leisure Services from Walsall Council